

SURVIVAL ISLAND

What is survival island?

Washed ashore, stranded on a remote Island, no shelter, minimum food and water, no mobile phone and rescue is far away.

The Programme

DAY 1

1700hrs - Pick up times may vary slightly depending on tide times.

You will all meet at the boat house to be greeted by members of staff, then board the boat to head to Drakes Island. Be sure to bring your sea legs! Your survival experience begins the moment you set foot on the island.

The evening you will set up camp. No luxuries, just a basic tarp. From there you will be taught how to make a fire using flint and steel. This fire will need to be burning all night to keep the team warm.

2000hrs - At this point you will start feeling tired and hungry, you will have a demonstration in how to fillet a fish, and that will be your evening meal.

2200hrs - Depending on the weather, you will be taught how to navigate using the stars and moon. After this lesson we will be doing a spooky guided tour around the tunnels of Drakes Island.

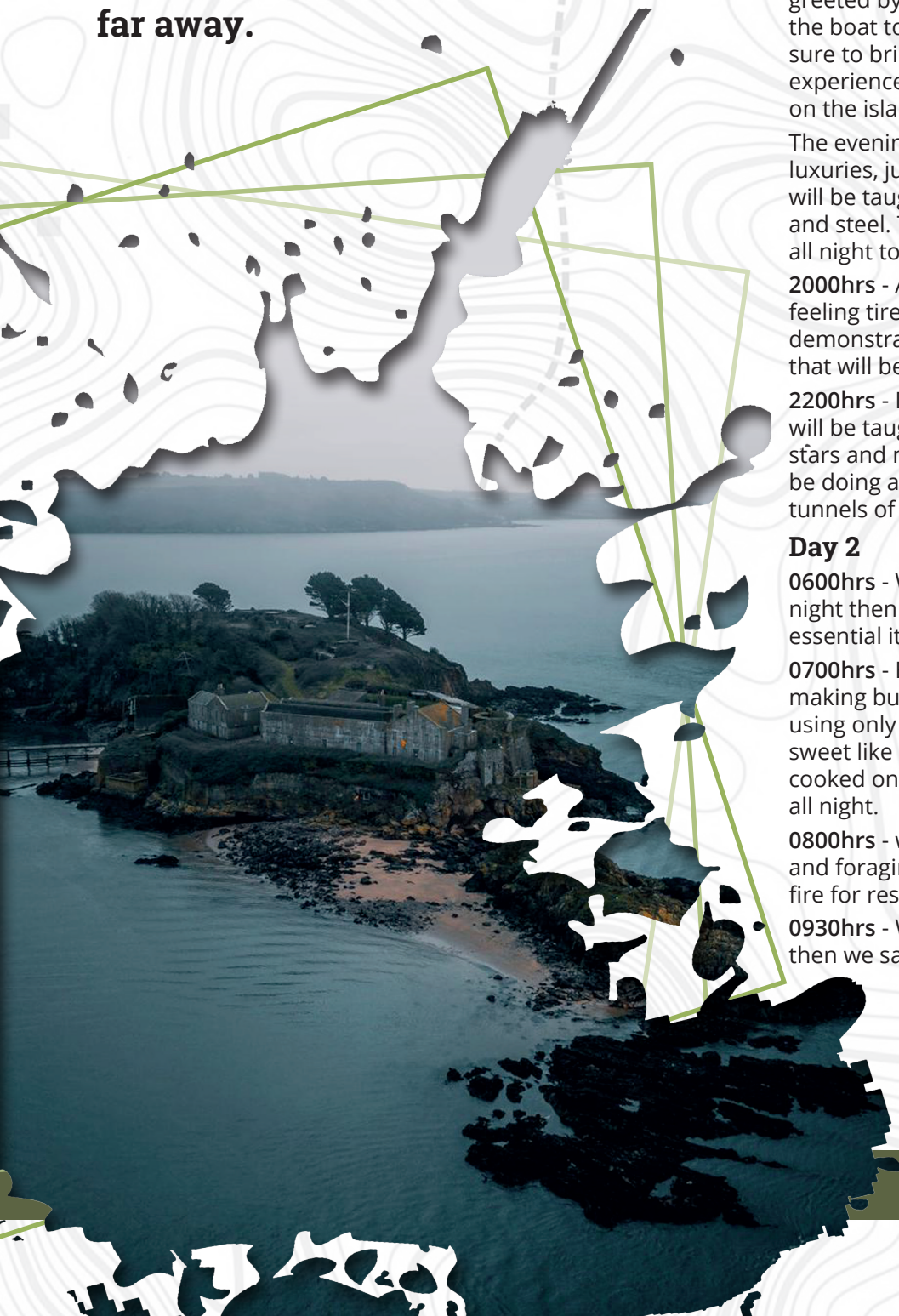
Day 2

0600hrs - Wakeup call, if you survived the night then collapse camp, pack all non-essential items away.

0700hrs - Breakfast will be self-made making bushcraft buns (a loaf of bread) using only flour, water, and something sweet like raisins or honey. This will all be cooked on the fire you made, and sustained all night.

0800hrs - we will teach you traps, weapons and foraging followed by making a signal fire for rescue.

0930hrs - We have a team photograph, then we say our good byes.



KIT LIST

- Sleeping bag
- Sleeping mat
- Boots with good ankle support
- Waterproofs
- Suitable clothing and spares
- Warm hat & gloves
- Wash kit
- Personal first aid kit
- Water bottle 1ltr minimum
- Cutlery, bowl, plate, mug
- Cooking pot or mess tin
- Torch & spare batteries
- Small pen knife / multitool
- Plastic bags (for wet kit)
- Emergency rations

Whats included

- Return boat transfers to the island
- Tour of the island
- One night of survival training on an island
- Experienced survival instructors
- All meals and drinking water while on the island
- Basic shelter and accommodation
- 24/7 emergency support

SOUTH WEST
SURVIVAL

CONTACT

Steven Kelly

E: steven1640@live.co.uk

T: 07830 497130



ABOUT US

STEVEN KELLY

Steven is the head instructor and founder of South West Survival and has trained and instructed in weapon training, survival and bush-craft skills in the Commando Forces for over 20 years.

He has operated in the harshest environments around the world from the deserts of Afghanistan, to living in snow holes in the Arctic Circle.

Steven is also PTTLs, CTTLS trained, SERE, Mountain First Aid and DBS checked.

His love of all things outdoors started when Steven was a cadet and the Army was the natural progression from there.

South West Survival was started to pass on his skills and to keep bush-craft alive.

Steven has a passion for teaching and is truly happy when outdoors, he hopes to be able to impart that knowledge on those who wish to learn.

While Steven has been on numerous survival courses in the Army, gaining valuable experience, he maintains you can never know enough and continues to learn and practice new skills when and wherever he can.

When not working Steven has a lot of hobbies which include hill walking, camping and ultra-marathon running.

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Every man, women or child who visits wild places, by whatever means, will benefit from bush-craft knowledge

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Ray Mears

