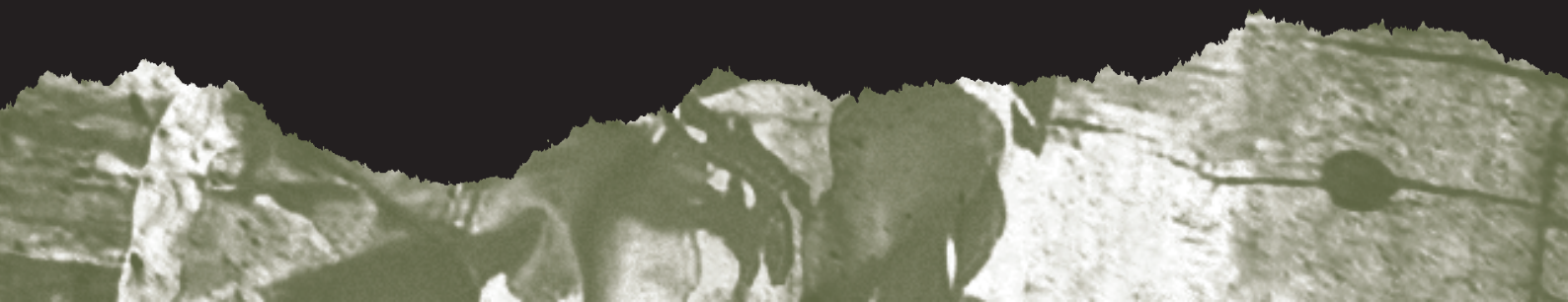


SOUTH WEST  
**SURVIVAL**



**THE LOST ADVENTURER**  
**HOW WOULD YOU SURVIVE?**



Picture this - you're left to fend for yourself, exposed to the elements, without all the luxuries that you take for granted. In this team building activity, you and your colleagues will learn core survival techniques while taking part in fun challenges. From shelter building, fire lighting to eating BUGS!! You will work as a team to complete various tasks. A fun and rewarding event that requires quick thinking and initiative.

The aim of the day is for teams to successfully complete all the tasks given to them by the survival instructor. Completing these tasks earns jungle dollars, the team who earns the most dollars will be declared the survival champions.



## **YOUR TEAM WILL TEACH YOU HOW TO ...**

- Work as a team • Communicate effectively • Listen to one another • Problem solve
- Work better under pressure • All this while having fun...



## HOW WILL IT WORK? ...

Everyone will be divided into teams of equal numbers. Challenge zones will be set up in which each team must rotate around until all challenges have been completed.

Teams will receive all the equipment and instruction they need to ensure a real life and safe experience for all abilities.



## THE VENUE? ...

You decide.

All activities can be run in a field. Not all activities can be run indoors. Alternatively, you can come to Saltram or Drakes Island which will come with an extra cost.





## THE EVENT?...

**4-5 hours long.**

The challenges will involve:

### **Fire lighting**

One of the most important elements of survival - without this skill, you'll have little chance of surviving.

### **Shelter building**

In the wild you'll need somewhere to rest up, and keep you out the elements. As a team, you will learn how to construct a basic shelter using tarps, and materials found in area.

### **Navigation**

Equipped with the knowledge and understanding of how to use a compass, will you be able to navigate back to safety? This is an important skill when exploring the wild, as this can decide your fate.

### **Snake pit challenge**

Team members will have to negotiate a set path that is littered with (rubber) snakes and lizard. However, you'll also be blindfolded so it's up to your team to provide you with directions on where to walk.

### **Bushtucker trials**

In a survival situation, you will start feeling the effects of hunger after a few days. Do you think you can overcome your mind and eat different types of bugs?

We are not limited to these challenges; we can make the event longer with more..... Cam & Con, Bindman's handrail, Manhunt and much more.

**STEVEN KELLY.** Steven is the chief instructor and founder of South West Survival and has trained and instructed in weapon training, survival and bush-craft skills in the Commando Forces for over 20 years.

He has operated in the harshest environments around the world from the deserts of Afghanistan, to living in snow holes in the Arctic Circle. Steven is also PTTLS, CTTLS trained, SERE, Mountain First Aid and DBS checked.

His love of all things outdoors started when Steven was a cadet and the Army was the natural progression from there. South West Survival was started to pass on his skills and to keep bush-craft alive.

Steven has a passion for teaching and is truly happy when outdoors, he hopes to be able to impart that knowledge on those who wish to learn. While Steven has been on numerous survival courses in the Army, gaining valuable experience, he maintains you can never know enough and continues to learn and practice new skills when and wherever he can. When not working Steven has a lot of hobbies which include hill walking, camping and ultra-marathon running.



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**CONTACT US TODAY...**

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